

Coffee Morning

Our next two coffee mornings are on the 5th November and 3rd December. All are welcome for coffee and a chat.

Dear Lord

We give thanks to the small miracles that are performed every day. The little acts of kindness which mean so much.

We live in a world which, at times, feels full of darkness and hate. It is a true wonder when we see light in that darkness and hope in despair.

We know that you are with us always and will never leave us even during our darkest days. We know we can fully rely on you to see us through and show us the light.

Amen

Louise Frankish

Worship takes place every Sunday at Rhos URC at 11am Services are streamed live. Contact Pete Fawcett to arrange an invite or use the links Meeting ID: 407 593 4256 Passcode: 123456

Church Contacts

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OCTOBER & NOVEMBER 2026

Finding Grace in the Changing Seasons

As the leaves turn and the days grow shorter, nature undergoes a quiet transformation. The busy pace of summer gives way to the cooler, crisper rhythm of autumn. In the life of the church, this seasonal shift offers a wonderful moment to pause and reflect.

We often praise God for the vibrant spring times of new beginnings and the energetic labours of summer. Yet, autumn teaches us an equally valuable spiritual lesson. It is a time to take stock of the fruit God has provided in our lives and community. Even as the natural world lets go, shedding leaves in a display of quiet beauty, it is also preparing the ground for future growth hidden beneath the surface.

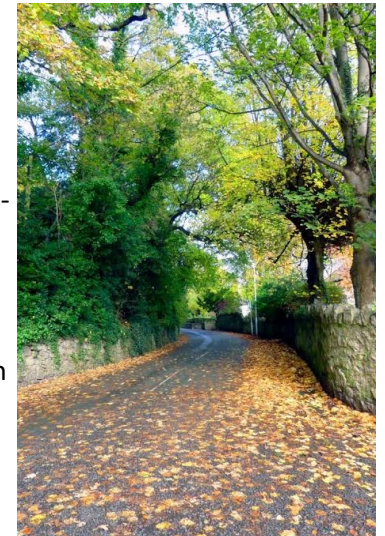
Let this season remind us that change is not the end, but part of God's ongoing cycle of grace. Whether you feel like you are in a season of abundant harvest or a quiet time of waiting, know that God is tending to your roots.

So...

Take time to rest and quiet your spirit in prayer.

Look for the quiet ways God is working behind the scenes.

Join together in fellowship as we look towards the months up to Christmas – yes, it's not so far away!!



Why peace does not come when everything is under control

By Canon J John

If Jesus were to walk through Britain today, I suspect he would notice something immediately. Not our politics. Not our technology. Not even our divisions. He would notice our exhaustion.

We live in an age of unprecedented convenience and unparalleled weariness. Never has a generation had so many ways to save time and so little time to spare.

We can communicate instantly with someone on the other side of the world, yet many of us struggle to connect with the person sitting opposite us at breakfast. We are permanently connected and increasingly disconnected.

There is another paradox of modern life. We have more choices than any generation in history, yet many of us feel more overwhelmed than ever. Our grandparents worried because they had too few options. We often worry because we have too many. Every day presents a stream of decisions, large and small. What to watch. What to buy. What to read. What to believe. What to ignore. Every decision draws a little on our mental reserves. Individually they seem insignificant. Collectively they can leave us drained. Small wonder that so many people feel exhausted before the day has properly begun.

We are not merely physically tired. We are decision tired. Attention tired. Information tired. Perhaps even comparison tired.

The modern world rarely gives us a moment's peace. Many of us have become so accustomed to noise that a quiet room feels unfamiliar. Yet human beings do not flourish on constant stimulation. We need moments to think, to reflect, simply to be.

It is striking that Jesus regularly stepped away from the crowds, withdrew from the demands placed upon him, and sought solitude. Long before anyone spoke about mindfulness or wellbeing, Jesus understood something many of us are rediscovering: a busy life is not necessarily a meaningful life.

The world is tired. Anxiety has become the background music of modern life. It hums beneath the school run, the commute, the mortgage payment, the medical appointment, and the late-night glance at the phone.

Previous generations worried about famine, plague and war. We worry about those too. The difference is that now we can monitor them around the clock.

We carry in our pockets devices with more computing power than the machines that sent astronauts to the moon, yet many of us cannot get through a Monday without feeling overwhelmed.

Against this backdrop, I often wonder what Jesus would say if he sat down beside us over a cup of coffee. Perhaps he would say what he said 2,000 years ago:



Colwyn Bay is the site of Britain's newest beach!

Just to prove the people are not always the problem try this one.

Colwyn Bay's original beach disappeared over the years, washed away by winter storms.

With that lost sand went the future prospects of a once thriving seaside resort. The council, however, came up with an outrageously ambitious plan.

Buy a new beach! and they did!

The coast was reprofiled and then a million tonnes of sand dredged, shipped and deposited.

After a rather nervous time waiting for it to settle and harden, Britain's newest beach opened in 2023. And a grand walk it is.

Start at the stump of the old Victoria pier which once hosted bands like Thin Lizzy and Motörhead before storm Doris destroyed it in 2017, then head West to the 6th century St Trillo's Chapel on the beach

If you are game for more, follow the coastal path around Little Orme and into Llandudno: stay at Bodysgallen Hall, a 17th century hall with atmospheric wood panel lounges and preened gardens just South of Llandudno.

With thanks to Delyth for this contribution